Shock wave therapy and frozen shoulder

Delphi Study Invitation Letter

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Dear Colleague,

We would like to invite you, as an expert in the field of Orthopaedics, to participate in a Delphi study, to share your thoughts on frozen shoulder (adhesive capsulitis) and shock wave therapy.

The aim of the study is to identify the anatomical locations to be included in a clinical protocol for using shock wave therapy in the treatment of frozen shoulder.

As an established expert in this field, we would like to ask your opinion on the anatomical locations that would be best targeted for the treatment of this condition. The Delphi study will establish treatment location sites to be used in a pilot clinical trial of the intervention.

The Delphi Process will consist of 3 rounds. Experts will submit their opinions through an online form. This Delphi process will involve answering 11 questions (round 1), rating the importance of all answers generated by experts (round 2), reaching consensus (round 3).

After confirming which locations have strong expert consensus, we plan to convene a round table meeting of study co-investigators, who will aim to reach consensus on the structures of a final expert clinical decision rule.

We feel that your expertise would be extremely beneficial to developing a credible clinical treatment protocol and would be grateful if you would consider participating in this Delphi study. If you would like to contribute, please complete the attached form,

and return it by email to c.a.reno@stir.ac.uk, and we will forward the instructions for the first Delphi round.

Should you wish to discuss the project or your participation in more detail, please feel free to contact me 07746 048 035 or email at c.a.reno@stir.ac.uk.

Yours Sincerely,

Crystal Reno
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